

COLLEGE-READY CNA PROGRAM

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Are you ready to begin a career in health care?

This certificate program is intended to provide a career pathway for those interested in health care occupations. Whether you are a new graduate or have been out of school for a while, this program can help you to improve the essential math and English skills you will need to succeed in college and post secondary programs. The Certified Nursing Assistant training component will not only give you an introduction to basic patient care; it will pro-

vide you with an occupational skill and immediate employability in the health care industry.

The program will run September 2010 through January 2011. It starts with a basic skills assessment to help us tailor the training to your needs. Up to 6 weeks of math classes will be offered, followed by 4 weeks of reading and writing workshops. The final month of the program will be an intensive 25 hr/wk training as a Certified Nursing Assistant.



Applied Math & English Classes

Mathematics: This portion of the program is a refresher in basic arithmetic (addition, subtraction, multiplication and division). Additional topics to be covered include: fractions, decimals, percents, conversions, and word problems involving rates, ratios and proportions.

Reading & Writing: These classes will cover the fundamentals of vocabulary and reading comprehension, and will introduce information processing strategies that are essential for further studies. Emphasis will be on improving writing skills, with instruction of techniques for pre-writing, focusing and editing.

Certified Nursing Assistant Training

This state-approved course provides the student with the necessary skills to seek employment as a Certified Nursing Assistant. Emphasis is on basic principles of nursing, development and application of nursing skills including: client relations & communication,

infection control, basic patient care, vital signs, body mechanics, assistive devices, safety & emergency procedures, specific disorders, and medical terminology. Ninety (90) hours of classroom instruction and clinical experience.

Individuals interested in this free grant program will be interviewed, assessed and chosen according to the following priorities:

- Berkshire County resident
- 18 years or older
- GED or High School diploma
- Commitment to whole program and its timeframe
- Commitment to working as a Certified Nurse Assistant at the end of training
- Desire to pursue further education and training in the healthcare field

**For more information,
contact Marya LaRoche
413-442-7177 x101**

*Call today to see if you qualify
for this no-cost program.*

*Space is limited and
registration will be taken on a
first come, first served basis!*

What is a Certified Nursing Assistant?

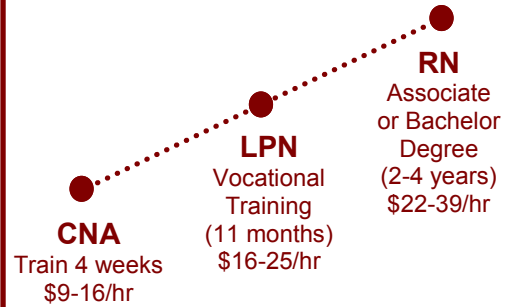
Nursing Assistants perform routine tasks in the general care of hospital, clinic, and nursing home patients. CNAs work directly under the supervision of registered and vocational nurses. CNAs perform services that require less training, therefore, freeing the medically trained staff for more highly skilled, specialized duties.



What does a Certified Nursing Assistant do?

- Answers patient call lights
- Assists with personal hygiene
- Serves meals, water and snacks
- Feeds patients who need help
- Transports patients, helps patients walk
- Takes and records temperature, pulse, respiration and blood pressure
- Observes and reports unusual conditions

Nursing Career Ladder



This chart shows the level of education required for each position, and the hourly salary range (MA, 2005).

Additional Details

Accuplacer assessment dates:
Early & Late August, exact dates yet to be determined

Training locations:
Berkshire Community College at the Intermodal Center
Berkshire Health Systems Hillcrest Campus
Mt. Greylock Extended Care Facility

Class Hours:
Math & English classes: 2 hours on 2 evenings per week
Certified Nursing Assistant course: 4 wks, M-F, 4-9pm

This program is made possible through the American Recovery and Reinvestment Act.



PROJECT H.E.A.L.T.H. College-Ready C.N.A. Program APPLICATION FORM

Please print clearly

Name: _____

Street Address: _____

City, State, ZIP: _____

Phone: _____ Email: _____

Employment Status: Unemployed Employed at: _____

MA resident?: NO YES City/Town: _____

Can you provide documentation of US citizenship or work authorization?: NO YES

Highest level of education obtained:

- 9th-12th grade, no diploma
- High School Diploma
- GED/High School Equivalency
- Some college, no degree
- Associate Degree
- Bachelor Degree

Preferred assessment test date: August 10, 2-5pm August 13, 10am-1pm Other

Signature

Date

Mail or fax this form to:

Marya LaRoche, Project HEALTH Director
Berkshire County Regional Employment Board
1 Fenn Street, Suite 201
Pittsfield, MA 01201
Fax: 413-448-2801

Questions? Call Marya LaRoche at 413-442-7177 x101 or email projecthealth@berkshirereb.org